



"Everyone is taught that angels have wings, but the lucky ones of us find they have four paws."

- Unknown

Pet Loss Support Group

The deep love and strong bonds we have with our animal companions can evoke profound grief and mourning when they pass away. Pet guardians can feel isolated and misunderstand when coping with the death of these cherished animal companions.

The group sessions will be a time for pet guardians who have experienced loss to meet as a group to share stories of their pets, thoughts on their feelings and loss, and find common ground to help others in the group. The meetings also help guide pet guardians through the grieving process. The support

group provides a safe, compassionate, and empathetic environment for those who want to share, listen and celebrate the life of their treasured animal companion with others who are suffering a similar loss.

To register, scan the QR code or visit yolocares.org/event-rsvp or call (530) 758-5566.



About Judy Scheffel (she/her/hers), Ed.D.

Judy Scheffel brings a long and varied background exploring her own grief and working



with others as a grief support counselor. A certified end-of-life specialist and volunteer at YoloCares, she is passionate about helping others explore their thoughts and feelings on loss. Judy's love of animals started growing up on her family farm where animals were often her own best friend. She became an animal advocate volunteering with several animal rescues, participating in spay and neuter clinics in Mexico and serving on numerous animal-related non-profit boards. As to be expected, in her free

time she enjoys exploring and seeing through the world the eyes and senses of her rescue pup, Daisy.

Dates: October 21, November 18, and December 16 from 5:30-6:30 **Location:** Zoom and in-person 1909 Galileo Place, Suite C, Davis, CA 95618 (Community Room)

About YoloCares

YoloCares is the leading provider of hospice, palliative care, grief support, and caregiver resources in Northern California. Our mission is to provide the highest quality of care to every patient, every family, every time.

About Center for Loss & Hope

All support groups offered by YoloCares' Center for Loss & Hope are free of charge and available to anyone in Sacramento, Colusa, Sutter, Solano or Yolo Counties.



This support group is made possible by: