



# Quintessential Care Summit

*Emerging considerations for life's final chapter*

Friday, June 24, 2022

*Presented in partnership by:*



SACRAMENTO  
STATE



**BJ Miller, MD**  
**Keynote Speaker**

*Photo Credit: Todd Hido*

# Imagining Care Differently

YoloCares, Northern California's first accredited, community based palliative care program is hosting a national summit dedicated to exploring emerging ideas and approaches to palliative and supportive care with industry leaders and thinkers.

The Quintessential Care Summit will be an engaging and robust experience for care providers big and small as well as community members interested in the end-of-life experience.

YoloCares is proud to partner with **Sacramento State University** to host the Quintessential Care Summit on their beautiful campus.

**Earn up to six Continuing Education Units (CEUs)** for various presentations. Speakers offering CEUs are marked with yellow stars to denote CEUs available.



Quintessential Care Summit







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## About your Hosts



**YoloCares** is dedicated to the spirit of collaboration and the advancement of palliative care locally and nationally. As an affiliate of the California Hospice Network, YoloCares has a track record of being a regional leader in end-of-life care.

YoloCares is proud to be one of only two providers in the Sacramento Valley to be accepted into the **National Partnership for Healthcare and Hospice Innovation**. The agency's key **CMS quality indicators** exceed national averages for quality of care with the majority of families reporting 100% satisfaction. YoloCares was named as one of the **top 40 Best Places to Work by Modern Healthcare** in 2020 and 2021.

**Sacramento State** is a recognized leader in education, innovation, and engagement, dedicated to the belief that there are no limits to our students' potential for excellence and success. Sacramento State is powering the capital region through groundbreaking partnerships and more than 260,000 proud Hornet alumni. A vibrant and diverse community, the student body is united by their shared intellectual curiosity, commitment to improving the world, and passion for redefining the possible.



**Sacramento**, a metropolitan city of 2.5 million, is known nationally as America's Farm to Fork Capital. Sacramento boasts a bustling downtown district with a host of world-class restaurants, entertainment venues, innovative hotels and a rich, diverse history.

Sacramento is centrally located in beautiful Northern California, equidistance between the world-renowned **Napa Valley Wine Region** and stunning **Lake Tahoe** in the Sierras. The Quintessential Care Summit is an excellent opportunity to explore the natural and cultural splendor that only Northern California can offer.



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## Keynote Speaker

### **BJ Miller, MD**

*Palliative care physician, Mettle Health*

#### **Irreducible**

BJ Miller is a hospice and palliative care physician who has worked in all major settings—inpatient, outpatient, hospice facility, home—and now sees patients and families at Mettle Health in Mill Valley, CA.

An Ivy League educated physician, Miller completed a palliative care medicine fellowship at Harvard and is known for his founding role at San Francisco's Zen Caregiver Project.

Miller speaks internationally on the themes of living well in the face of illness and death. He has co-authored the book, *A Beginner's Guide to the End*.



## Speaker Highlights



### **Steven Pantilat, MD**

Chief, Division of Palliative Medicine, UCSF Medical Center

#### ***Finding Hope in the Face of Illness: The Truths behind the Myths in Palliative Care***

Steven Pantilat, MD is the Kates-Burnard and Hellman Distinguished Professor in Palliative Care and the inaugural chief of the division of palliative medicine at UCSF. Pantilat has published over 120 peer-reviewed scientific papers, authored two dozen book chapters, and co-edited with colleagues at UCSF two textbooks on palliative care. He is also the board chair for the Palliative Care Quality Collaborative.



### **Teepa Snow**

Founder, Positive Approach to Care

#### ***Using a Positive Approach to Dementia Care***

Teepa Snow is one of the world's leading advocates and educators for anyone living with dementia or other forms of brain change. Snow is an occupational therapist with 40 years of clinical and academic experience. Her advocacy efforts led her to the development of the GEMS® State Model for understanding the progression of dementia. Snow is the founder of the Positive Approach to Care.



### **Dr. Dale Beatty, DNP, RN, NEA-BC**

Chief nurse executive; VP of Patient Care Services at Stanford Health Care

#### ***Presentation title coming soon.***

Dale Beatty is a senior healthcare executive at Stanford Healthcare, a clinical instructor, coach and professional speaker. Beatty has a Doctorate of Nursing Practice from the University of Illinois at Chicago, and is a Board Certified Nurse Executive. Beatty has significant experiences in leading organizations to achieve the ANCC Nursing Magnet designation.





## Speaker Highlights



**Andrew Reed, CPA**

*CEO, Multiview, Inc.*

**The Brute Reality involved with  
Transforming a Hospice & Palliative Care  
into a World-Class Organization**

Andrew Reed is best known for his modern approach to hospice management which creates a high-quality, predictable experience that is financially balanced. Reed's care model brings meticulous intention to every aspect of the patient experience. He is the CEO of Multiview Inc., a consulting firm that has led hundreds of hospices to success.



**Marlene von Friederichs-Fitzwater, BS, MA, Ph.D., MPH**

*Executive director, Joshua's House*

**Unique Approaches for the Homeless**

Marlene von Friederichs-Fitzwater, BS, MA, Ph.D., MPH is the Founder and Executive Director of Joshua's House Volunteer Hospice, the first house for terminally ill homeless men and women on the West Coast. She is also the founder and Executive Director of The Health Communication Research Institute whose mission is to reduce health disparities and health care inequities.



**Eloise Theisen, AGPCNP-BC**

*Nurse practitioner*

**The Magic of Cannabis in Palliation**

Eloise Theisen is a board-certified Adult Geriatric Nurse Practitioner with over 20 years' experience in nursing. She started her own cannabis practice in 2014 and she has treated over 7,000 patients using cannabis. Theisen was one of the first healthcare professionals to bring a clinical dosing regimen to the cannabis space and has assembled the knowledge and data to use cannabis to treat a broad range of conditions and diseases.

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## Speaker Highlights



**Jana Din**

*Director, Tao Center for Healing*

### **The Alchemy of Western Medicine & Indigenous Healing**

Jana Din is a former Child Psychology teacher, Shamanic Healing Practitioner and Co-founder and Director of the Tao Center for Healing in Sacramento, CA. Since 2013, Din has provided over 100 volunteer shamanic healing services for critically ill and dying children in collaboration with David Steinhorn, MD. Together, they are a modern day alchemy between Western medicine and Indigenous and traditional shamanic healing.



**David Steinhorn, MD**

*Medical director, Children's National Medical Center*

### **Powerful Medicine for Children**

David Steinhorn, M.D. is a nationally known specialist in pediatric critical care, palliative care and hospice medicine at The Elizabeth Hospice in Escondido, CA. Dr. Steinhorn was the Medical Director for the Children's Memorial Hospital Integrative Medicine Initiative which undertook research on complementary medicine in children. He is certified by the American Academy of Pediatrics in Critical Care and Hospice and Palliative Medicine, and is currently developing children's hospice programs in Washington, D.C. and San Diego.



**Margaret Pasquesi**

*Certified music-thanatologist*

### **Music Thanatology: Music as Medicine at the End of Life**

Margaret Pasquesi is a music thanatologist and founder of the music thanatology program at JourneyCare in Chicago. In this subspecialty of palliative care, practitioners use harps to calm patients in their final hours, countering normal feelings of fear and anxiety that come with dying. Pasquesi says, "We use music to address the physical manifestations of the dying process... Our main job is to accompany someone through the dying process, and we tailor the music to what is going on physically for the patient."

## Speaker Highlights



**Carole Fisher**

*President, National Partnership for  
Healthcare and Hospice Innovation*

**Looking Forward – A Vision For Mission  
Driven Hospice Care**

Carole Fisher is a seasoned C-suite advisor, innovator and public policy advocate. For the past 40 years, she has successfully led and transformed for-profit and mission driven healthcare operations. With an emphasis on developing strategic partnerships, meaningful collaborations and transformational innovations, Fisher provides support for the NPHI membership comprised of the nations' most notable and distinguished end-of-life healthcare organizations.



**Andrew MacPherson**

*Senior advisor, National Partnership for  
Healthcare and Hospice Innovation*

**Looking Forward – A Vision For Mission  
Driven Hospice Care**

Andrew MacPherson is a policy expert and national speaker with nearly two decades of health care legislative, regulatory policy and political experience. MacPherson has a special emphasis on policy and political issues related to person-centered health care delivery transformation, including the crisis of social isolation and loneliness in the U.S., value-based insurance design (V-BID), and person-centered advanced illness and end-of-life care delivery.



**Michael Milward**

*CEO, California Hospice Network*

**Challenging the Status Quo of Care in  
California**

Michael Milward is the CEO of California Hospice Network, a strategic affiliation of legacy nonprofit hospices. Previously, as the CEO of Hospice of Santa Cruz County, Milward grew the organization's capacity, services and offerings, and was one of the visionaries behind of the formation of CHN. Now, he advocates for nonprofit hospices on a state and national level, providing strategic consultation to the National Partnership for Healthcare and Hospice Innovation (NPHI).



## Speaker Highlights



**Al Striplen**

*Writer, artist, illustrator*

**Overcoming Barriers to Care for  
Indigenous and Rural People**

Al Striplen is a Native American writer, educator, and illustrator, and is of Amah Mutsun Ohlone and Aztec heritage. As a university counselor & professor, Striplen dedicated his career to the advocacy of diverse communities. He is a multi-media artist who devotes much of his time today to teaching and playing Native American flute. He is the author and illustrator of the *Little Deer* series of children's books that grew out of his love for this music and the power it possesses to soothe and heal.



**Aliya Patel**

*Research coordinator, YoloCares*

**Overcoming Barriers to Care for  
Indigenous and Rural People**

Aliya Patel is a research coordinator working on behalf of YoloCares and the Yocha Dehe Wintun Nation to examine healthcare and end-of-life care disparities within rural and Native American populations. An environmental and public health graduate of St. Mary's College, Patel is passionate about connecting with underserved communities through community asset-based research that involves working within communities to understand the values and goals and true interests of the people.



**Kim Tucker**

*Executive director, Impact Foundry*

**The Transformative Power of Relationship  
Management**

From foster care to public radio, Kim has helped nonprofits develop programs, attract funding, and expand the delivery of their mission. Tucker is the executive director of Impact Foundry, which is focused on strengthening the capacity and influence of nonprofit organizations that work tirelessly to save and change lives, improve the economy and environment, and provide a full spectrum of opportunity for today's and tomorrow's leaders.

# Secure your tickets today!

Ticket prices include lunch and access to all scheduled speakers during this exciting one-day event.

**Early bird price:** \$138 if purchased before April 15

**Regular price:** \$202

Space is limited. [Click here to reserve your ticket today!](#)

